

ARTICLE

Open Access

Soft X-ray imaging with coherence tomography in the water window spectral range using high-harmonic generation

Julius Reinhard^{1,2✉}, Felix Wiesner^{1,2}, Martin Hennecke³, Themistoklis Sidiropoulos³, Sophia Kaleta^{1,2}, Julian Späthe¹, Johann Jakob Abel¹, Martin Wünsche^{1,2,4}, Gabriele Schmidl⁵, Jonathan Plentz⁵, Uwe Hübner⁵, Katharina Freiberg⁶, Jonathan Apell^{6,7}, Stephanie Lippmann⁸, Matthias Schnürer³, Stefan Eisebitt^{3,9}, Gerhard G. Paulus^{1,2} and Silvio Fuchs^{1,2,10✉}

Abstract

High-harmonic generation (HHG) is used as a source for various imaging applications in the extreme ultraviolet spectral range. It offers spatially coherent radiation and unique elemental contrast with the potential for attosecond time resolution. The unfavorable efficiency scaling to higher photon energies prevented the imaging application in the soft X-ray range so far. In this work we demonstrate the feasibility of using harmonics for imaging in the water window spectral region (284 eV to 532 eV). We achieve nondestructive depth profile imaging in a heterostructure by utilizing a broadband and noise-resistant technique called soft X-ray Coherence Tomography (SXCT) at a high-flux lab-scale HHG source. SXCT is derived from Optical Coherence Tomography, a Fourier based technique that can use the full bandwidth of the source to reach an axial resolution of 12 nm in this demonstration. The employed source covers the entire water window, with a photon flux exceeding 10^6 photons/eV/s at a photon energy of 500 eV. We show local cross sections of a sample consisting of Aluminium oxide and Platinum layers of varying thickness on a Zinc oxide substrate. We validate the findings with scanning and transmission electron microscopy after preparation with focused ion beam milling.

Introduction

High-harmonic generation (HHG) has proven to be an exceptional source for nanoscale extreme ultraviolet (EUV) imaging due to its laser-like properties and small laboratory footprint^{1–3}. In particular, coherent imaging methods such as ptychography benefit from the high spatial coherence and have demonstrated their remarkable potential in recent years achieving wavelength-scale resolution^{4–8}. In addition, the strong elemental contrast opens up a wide field of applications from semiconductor

studies⁹ and mask inspection¹⁰ to biological samples^{11–13}. Even buried structures can be examined using EUV light from HHG sources^{14–16}. However, the penetration depth is severely limited by the strong absorption of most materials, which is the range of a few ten nanometers (Fig. 1a).

Further decreasing the wavelength to the soft X-ray (SXR) range would not only decisively increase the penetration depth to a few hundred nanometers for a great variety of materials, but would also enhance the resolution as demonstrated at synchrotron sources¹⁷. The so-called water window is of particular interest. It is defined by the absorption edges of carbon (≈ 284 eV or 4.4 nm) and oxygen (≈ 532 eV or 2.3 nm), and within this spectral range, penetration depths of up to 10 μm are achievable in water (see Fig. 1a). This window is especially valued for its inherent contrast when imaging biological

Correspondence: Julius Reinhard (julius.reinhard@uni-jena.de) or Silvio Fuchs (silvio.fuchs@hs-mittweida.de)

¹Institute of Optics and Quantum Electronics, Friedrich Schiller University Jena, Jena, Germany

²Helmholtz Institute Jena, GSI Helmholtzzentrum für Schwerionenforschung, Jena, Germany

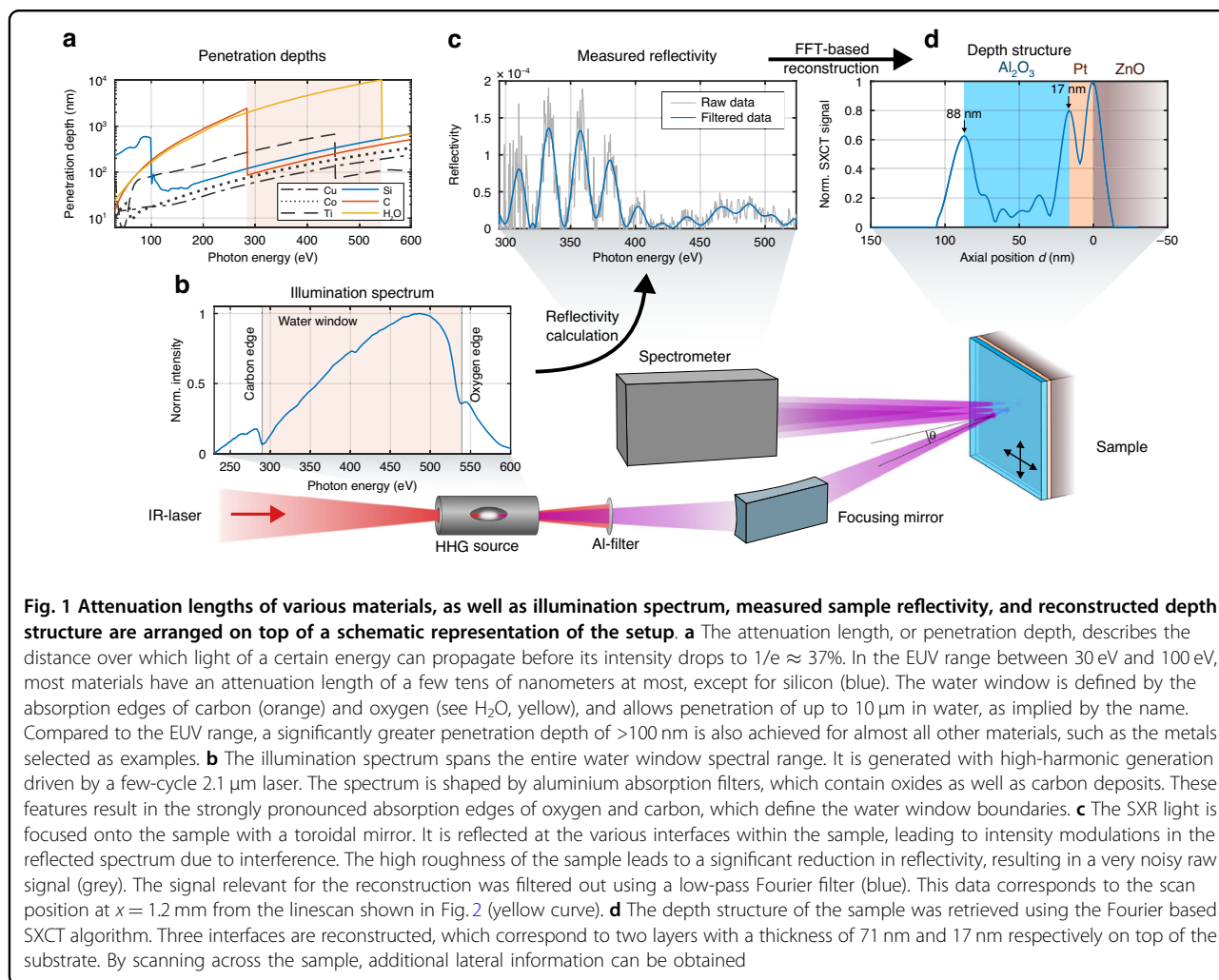
Full list of author information is available at the end of the article

These authors contributed equally: Julius Reinhard, Felix Wiesner.

© The Author(s) 2026



Open Access This article is licensed under a Creative Commons Attribution 4.0 International License, which permits use, sharing, adaptation, distribution and reproduction in any medium or format, as long as you give appropriate credit to the original author(s) and the source, provide a link to the Creative Commons licence, and indicate if changes were made. The images or other third party material in this article are included in the article's Creative Commons licence, unless indicated otherwise in a credit line to the material. If material is not included in the article's Creative Commons licence and your intended use is not permitted by statutory regulation or exceeds the permitted use, you will need to obtain permission directly from the copyright holder. To view a copy of this licence, visit <http://creativecommons.org/licenses/by/4.0/>.



samples^{18–20}. Moreover, due to the ubiquitous presence of carbon and oxygen in many materials, it serves as a key transmission window for a wide range of investigations in the SXR regime. Penetration depths on the order of several hundred nanometers are typical in this spectral region, which is significantly greater than those achievable in the EUV range or by electron microscopy.

HHG-driven imaging in the soft X-ray or, more specifically, the water window spectral range has not yet been demonstrated, primarily for two reasons. On the one hand, the available photon flux of HHG sources in the SXR range is severely limited. Extending the HHG spectral range into the water window typically requires ultrafast driver lasers with wavelengths above $1\ \mu\text{m}$. Unfortunately, this reduces the conversion efficiency of the process, which scales with $\sim\lambda^{-5}$ to λ^{-6} (ref. ²¹). Therefore, SXR-HHG have only been used for various spectroscopic applications that exploit the femto- or even attosecond pulse lengths^{22–24}. On the other hand, the intrinsically broadband harmonic spectrum is not

efficiently used by the established EUV imaging methods like Ptychography, which typically require monochromatic light and consequently only use a small fraction of the available photon flux. Thus, intrinsically broadband imaging techniques are better suited for flux-limited HHG sources in the water window spectral range.

In this work, we demonstrate the feasibility of HHG-driven imaging in the water window on solid-state nanostructures by combining a cutting-edge WW-HHG source with a broadband and noise resistant technique called soft X-ray coherence tomography (SXCT). The HHG source is driven by a few-cycle $2.1\ \mu\text{m}$ laser²⁵ and generates a broad and continuous spectrum covering the entire water window with more than $5 \cdot 10^5\ \text{ph/eV/s}$ at the oxygen K-edge ($2.33\ \text{nm}$)²⁶. To our knowledge, no other HHG source was able to apply these photon numbers in experiments yet. Moreover, the broadband acquisition of a wide spectral region enables the simultaneous recording of highly correlated spectral features along atomic resonances and diffraction peaks in a very time-efficient

manner. This unique capabilities have recently been demonstrated in time-resolved spectroscopy²⁷ and diffraction²⁸ experiments. In this work, SXCT exploits the full bandwidth of the source to reconstruct depth structures with nanometer-scale axial resolution. This imaging technique is derived from spectral-domain optical coherence tomography (OCT²⁹) and functions as a reflective method, enabling the investigation of structures on bulk materials such as microchips. It even enables the study of weakly reflective samples due to its Fourier-based nature, which provides exceptional noise resistance. Furthermore, three-dimensional information can be obtained by laterally scanning the sample.

We investigated a sample composed of an aluminum oxide layer and a platinum layer deposited on a zinc oxide substrate using SXCT. A cross-sectional image was obtained scanning across the edge of the buried platinum layer, achieving a depth resolution of 12 nm. To validate the axial structure and inhomogeneities detected with SXCT, we conducted scanning and transmission electron microscopy (SEM and TEM) following focused ion beam (FIB) milling.

Results

HHG source and SXR coherence tomography

The demonstration of HHG-driven water window imaging was enabled by a high-flux HHG source covering the entire water window spectral range^{25,26}. The source is based on an optical parametric chirped-pulse amplification (OPCPA) system, driven by a 500 W thin-disk laser to reach a central wavelength of 2.1 μm and an average power of 28 W at pulse duration of 27 fs. The beam is focused with a 750 mm lens into a helium gas cell, where the HHG process occurs. The resulting spectrum covers a broad spectral range from 200 eV to 600 eV, with a photon flux of $5 \cdot 10^5$ ph/eV/s at the oxygen K-edge at ≈ 532 eV²⁶. The HHG spectrum, which was used for the SXCT measurements is shown in Fig. 1b.

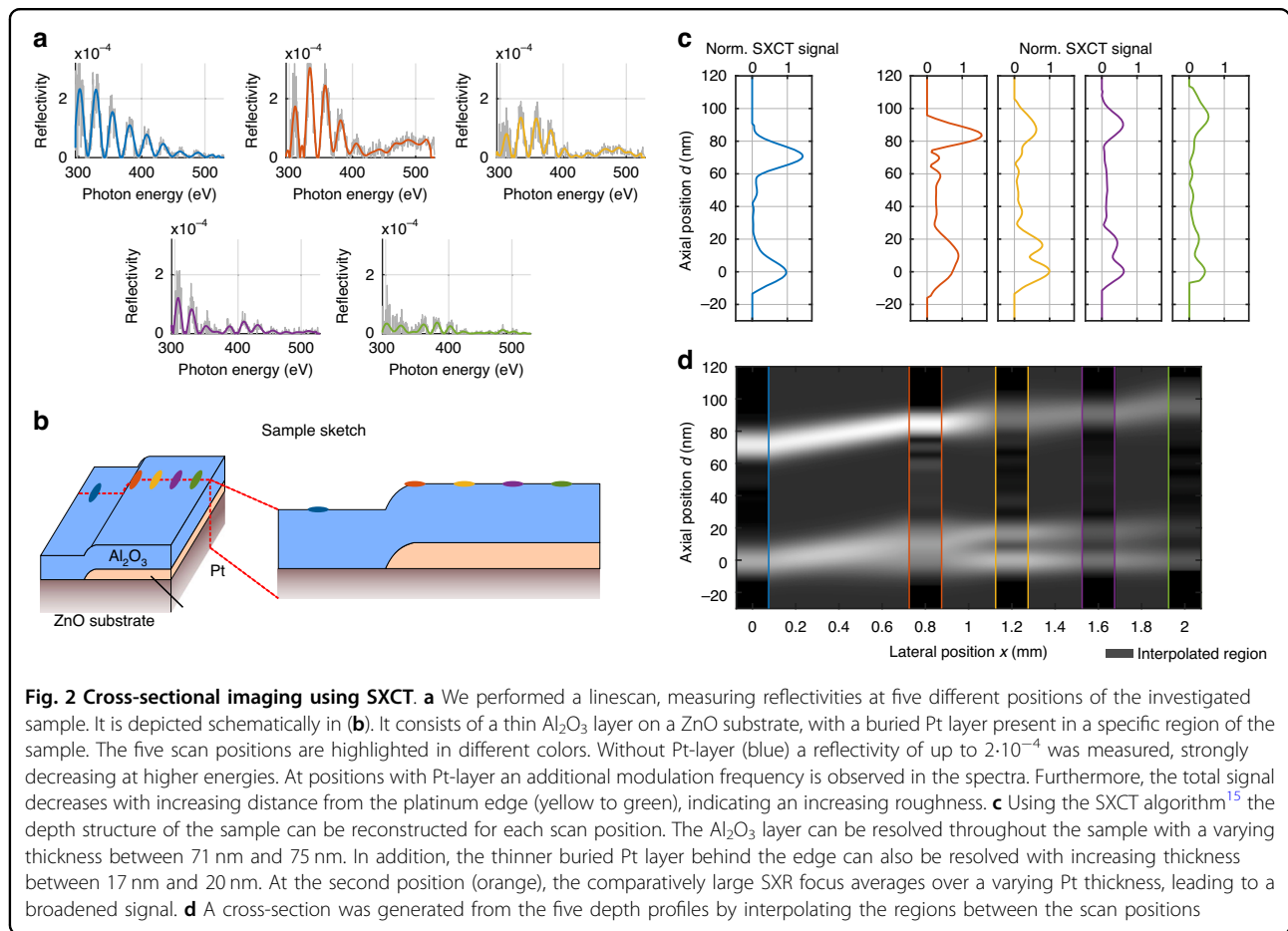
Soft X-ray coherence tomography (SXCT) extends optical coherence tomography (OCT) to shorter wavelengths and broader spectral ranges, enabling high-resolution imaging in the soft X-ray regime. The axial resolution Δd is independent of the focusing geometry. Instead, it is defined by the coherence length $l_c = \lambda^2/\Delta\lambda$, i.e. a shorter wavelength and broader spectrum lead to higher axial resolution. With commercial OCT systems working in the infrared spectral range, axial resolutions of a few micrometers are achieved³⁰. In recent years, EUV coherence tomography (XCT), the extreme ultraviolet descendant of OCT, was established in the silicon transmission window between 30 eV and 100 eV^{15,31–33}. This enabled an axial resolution of ≈ 15 nm, which has been demonstrated in a laboratory setup using HHG³⁴.

SXCT is implemented as a common-path Fourier-domain OCT variant^{14,35}, in which the sample's spectral response is detected by a spectrometer without the use of a beam splitter. Instead, the separation of the illumination and reflected beam is achieved through an oblique incidence angle. Consequently, the axial resolution Δd additionally depends on the incidence angle θ relative to the surface normal, following $\Delta d = \lambda^2/(\Delta\lambda \cos \theta)$. In order to enhance the reflectivity and thereby increase the signal strength, particularly at short wavelengths, larger incidence angles can be utilized. However, this results in a slightly reduced axial resolution. A detailed discussion of this trade-off is found in the methods section. In this experiment, we used an incidence angle of $\theta = 72^\circ$. Consequently, a theoretical maximum resolution of 10.6 nm can be achieved, assuming a rectangular spectral range of 295 eV to 524 eV and the absence of a filter function to suppress Fourier artifacts.

The setup is schematically depicted in Fig. 1. A toroidal mirror focuses the SXR light from the HHG source onto the sample, forming an elliptical spot of $150 \mu\text{m} \times 30 \mu\text{m}$ due to $\theta = 72^\circ$. The light reflected from internal sample structures interferes with the light reflected from the surface, which serves as a reference in the common path SXCT scheme. This interference induces modulations in the spectrum of the reflected light, which are detected by a grating spectrometer. By measuring the incident spectrum (Fig. 1b), the sample reflectivity (Fig. 1c) can be determined.

The sample's depth structure in the illuminated region is encoded in the spectral modulations of this reflectivity and can be reconstructed using a Fourier-based algorithm. The Fourier transform of the intensity reflectivity of the sample represents the autocorrelation of the axial sample structure. In contrast to typical OCT systems with one dominant surface reflection, all interfaces in our sample exhibit reflectivities of a similar magnitude. This leads to an intrinsically ambiguous autocorrelation, which contains not only the true interface positions but also spurious auto-correlation peaks arising from the interference between different buried interfaces. However, the unambiguous axial structure can be reconstructed from the autocorrelation by employing a phase retrieval algorithm. In this work, we use a three-step one-dimensional phase retrieval algorithm originally developed for XCT, which is described in detail in the supplementary information in Fuchs et al.¹⁵.

Due to the Fourier-based nature of the method, SXCT is highly resistant to noise, similar to the principle of lock-in amplifiers. Individual interfaces within the sample contribute to distinct modulation frequencies in the spectrum. Thus, broad-bandwidth noise can be efficiently filtered out, resulting in a high signal-to-noise ratio, as demonstrated in Fig. 1c. The measured reflectivity of one



sample position is shown in gray, while the reflectivity after low-pass Fourier filtering is shown in blue. Using this processed reflectivity as input, the established XCT reconstruction algorithm¹⁵ extracts the depth profile (Fig. 1d). Each peak corresponds to an interface in the sample, where the reflections occur.

A cross-sectional or three-dimensional image of the sample can be obtained by laterally scanning in one or two dimensions while retrieving the axial structure point by point. As a consequence, the lateral resolution is independent of the axial resolution and defined by the size of the SXR probe on the sample which in our case was $150 \mu\text{m} \times 30 \mu\text{m}$.

SXCT cross section

We performed SXCT on a layered test sample, consisting of a ≈ 70 nm thick Al_2O_3 layer on a ZnO substrate. In a specific region of the sample, an additional Pt layer is buried below the Al_2O_3 with a thickness of ≈ 20 nm. A linescan (a so-called B-scan in OCT terminology) was conducted with five different lateral points (A-scan), each having an exposure time of 15 min. A schematic depiction of the sample highlighting the scan positions in different colors is shown in Fig. 2b.

The measured reflectivities of each lateral sample point are shown in Fig. 2a. The first scan position without Pt layer (blue) shows a modulation with a maximum reflectivity of $2 \cdot 10^{-4}$, which decreases with increasing photon energy. This value is an order of magnitude lower than expected based on theoretical data³⁶. The deviations can be attributed to differences in material density and, more importantly, to non-negligible interface roughness. The subsequent scan positions show an additional modulation frequency generated by the Pt layer. At the second scan position (orange), a slight increase in reflectivity is observed, particularly at higher photon energies. However, as the scan progresses (yellow to green), the overall signal decreases with increasing distance from the platinum edge.

The depth profiles for each scan position were reconstructed from the measured reflectivities using the SXCT algorithm which applies an one dimensional phase retrieval (Fig. 2c)¹⁵. The depicted normalized SXCT signal is the phase-retrieved absolute value of the depth-dependent field reflectivity. For a meaningful comparison across the linescan, all profiles in Fig. 2c were normalized using a single global factor. This factor was set by the amplitude of the Pt/ZnO substrate

interface peak ($d = 0$) from the measurement shown in Fig. 1d, which corresponds to scan position 3 (yellow curve). This approach preserves the relative signal amplitudes between all measurements. The graphs were aligned such that the deepest interface - the substrate surface—is located at $d = 0$ nm. From these profiles, a cross section was generated by interpolating between the scan positions (Fig. 2d). The individual depth plots are positioned above the cross-section according to their respective lateral coordinate x . At the first scan position (blue curve) two peaks are visible: the Al_2O_3 surface (axial position $d = 71$ nm) and the $\text{Al}_2\text{O}_3/\text{ZnO}$ interface ($d = 0$ nm). A shift in the surface position becomes apparent for the following scan positions. As the lateral position x increases, a shift of the surface position becomes apparent. In addition, a broadening of the signal at the $\text{Al}_2\text{O}_3/\text{Pt}$ interface ($d = 15$ nm) becomes visible at $x = 0.8$ mm (orange). This is due to the presence of the buried Pt layer, which apparently does not have a sharp lateral edge, but has a gradually increasing thickness within the illumination spot. This is supported by the reduced modulation depth and irregular modulation frequency observed in Fig. 2a (orange). At $x = 1.2$ mm (yellow) the front ($d = 17$ nm) and back ($d = 0$ nm) of the Pt layer are clearly distinguishable indicating a resolution of at least 17 nm. The Pt thickness further increases at $x = 1.6$ mm (purple) and $x = 2$ mm (green) reaching 21 nm. The thickness of the Al_2O_3 layer increases as well to 75 nm.

Additionally, the ratio between the $\text{Al}_2\text{O}_3/\text{Pt}$ interface peak ($d \approx 20$ nm) and the Pt/ZnO interface peak ($d = 0$ nm) decreases from $x = 1.2$ mm (yellow) to $x = 2$ mm (green). Combined with the decrease in overall reflectivity observed in Fig. 2a, this indicates that the roughness of the platinum layer increases with its thickness.

The peak positions were determined by Gaussian fitting of the depth structure. This also revealed a FWHM of the $\text{Al}_2\text{O}_3/\text{Pt}$ interface at the third scanning position (yellow, $d = 17$ nm) of 12 nm, which defines the achieved resolution. For the purple ($x = 1.6$ mm) and green ($x = 2$ mm) scanning positions, the width increased to 15 nm, indicating a thickness variation of the Pt layer of ± 1.5 nm in the illuminated region.

Validation with electron microscopy

We verified the SXCT results by performing scanning and transmission electron microscopy (SEM/TEM) investigations of the sample after FIB preparation. We compared three positions with corresponding SXCT scan positions: Al_2O_3 on substrate (blue position and blue frame in Fig. 3d), Al_2O_3 with buried Pt (green, Fig. 3f) and close to the edge (orange, Fig. 3e). For all three positions, we prepared FIB cross sections and imaged them using

SEM. In addition, we extracted a thin lamella with a width of ≈ 5 μm from the $\text{Al}_2\text{O}_3/\text{Pt}$ position (green) and investigated it with TEM (Fig. 3c). To protect the sample surface during FIB preparation, the sample was coated with gold and platinum after SXCT measurements. Details can be found in the Methods section.

A large field of view from the FIB cross section at the green position is presented in Fig. 3b. It can be clearly seen from the granular structure that the platinum grows in columns and does not form a homogeneous layer. As a result, the layer exhibits a high roughness. On top of this, the $\text{Al}_2\text{O}_3/\text{Au}$ interface appears blurred (see also the enlarged area of the SEM image in Fig. 3f), indicating the transition of roughness from the buried Pt layer to the surface, which further reduces the reflectivity.

The reasons for columnar growth of platinum can be attributed to two main factors. On the one hand, these are the deposition conditions, specifically the deposition pressure (Ar pressure) and temperature of the substrate surface (Thornton's model³⁷). On the other hand, it is the growth of platinum on an oxide surface, which can be described as island growth (Volmer-Weber growth mode³⁸). This combination results in a highly inhomogeneous vertical growth, particularly in the case of very thin layers. A TEM investigation at the same position (Fig. 3c) confirms the non-negligible roughness of the Pt layer.

The lower part of Fig. 3 shows SEM images at three different lateral positions, enabling a direct comparison with the corresponding SXCT depth profiles. The SEM images were aligned, such that the $\text{ZnO}/\text{Al}_2\text{O}_3$ or ZnO/Pt interface is at $d = 0$. As expected, no Pt is visible in the blue position (Fig. 3d) and a sharp interface between the dark Al_2O_3 and the bright gold cover is observed at $d = 71$ nm, which is in good agreement with the SXCT results. At the orange position (Fig. 3e), the emergence of the Pt layer on top of the ZnO is visible in both the SEM image and the SXCT profile. The SXCT depth profile however, is integrated over a varying layer thickness due to the lateral extent of the SXR probe ($150 \mu\text{m} \times 300 \mu\text{m}$). For this reason, the interfaces cannot be resolved in this transition region of increasing Pt thickness. The enlarged image of the green position (Fig. 3f), away from the boundary region, shows the fully formed Pt layer. The positions of the front and back of the Pt layer are in good agreement for SEM and SXCT.

From a series of ten measurements along the width of the TEM lamella (Fig. 3c), a thickness of 21.5 ± 1.1 nm was determined for the platinum layer and 71.5 ± 1.8 nm for the Al_2O_3 layer. It is important to note that the error reflects the variation of the layer thickness across the width of the TEM lamella, rather than the method's inaccuracy.

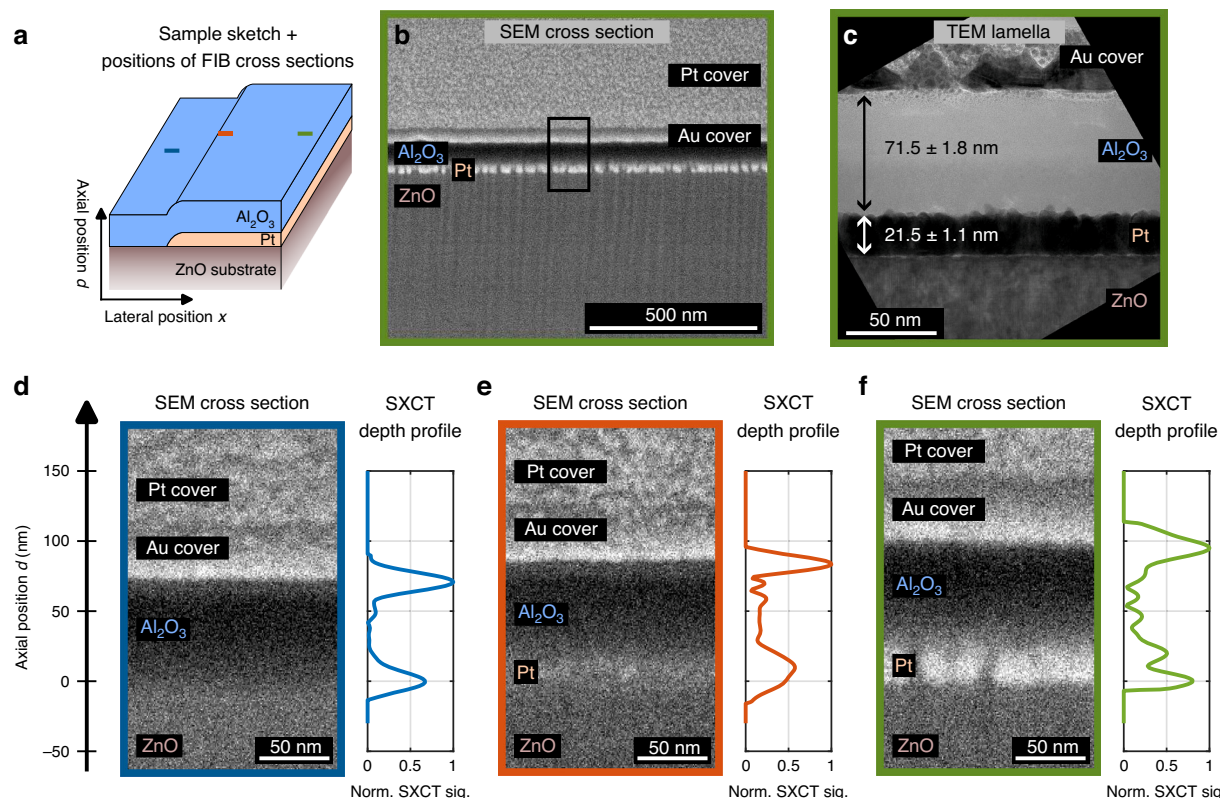


Fig. 3 Validation of SXCT results with electron microscopy. **a** Three regions on the sample are distinguished: Al₂O₃ on ZnO substrate (blue position), Al₂O₃ on Pt on ZnO substrate (green position) and the region in between with the Pt layer slowly forming (orange position). At each position a FIB cross section was made and compared to SXCT depth profiles. **b** A SEM image of a FIB cross section at the green position, shows the Al₂O₃ and Pt layers, as well as the ZnO substrate and additional gold and platinum layers deposited in preparation for FIB milling. The bright Pt layer is easily recognizable and its high granularity and roughness is revealed. **c** Section of the TEM lamella, prepared from the cross section shown in **b**. The Al₂O₃ layer is visible on top of the inhomogeneous and rough Pt layer. Averaging over the full width of 5 μ m, axial distances of 71.5 nm and 21.5 nm could be confirmed for Al₂O₃ and Pt, respectively. **d–f** FIB cross sections were made at different sample positions and compared to corresponding SXCT depth profiles. The positions of the interfaces are highly consistent. It is confirmed that the thickness of the Pt layer gradually increases, rather than having a sharp edge

Discussion

In this work, we showed that imaging with high-harmonic generation (HHG) sources is feasible in the water window (WW) spectral range. This was achieved by combining an HHG source that spans the whole WW range up to the oxygen edge and the flux efficient and noise resistant method of soft X-ray coherence tomography (SXCT). We imaged the internal sample structure of a layer system consisting of Al₂O₃ and Pt layers with an axial resolution of 12 nm, which is close to the theoretical limit of 10 nm for this spectral range. The results of non-destructive SXCT were in remarkable agreement with those obtained using established, but destructive, scanning and transmission electron microscopy (TEM), both in terms of absolute layer thickness (TEM: 21.5 nm, SXCT: 21 nm) and thickness variation (TEM: 1.1 nm, SXCT: 1.5 nm) for the buried Pt layer. The thickness variation or high roughness and therefore low reflectivity

of the test sample demonstrate the method's applicability to real-world samples. For higher-reflectivity samples, even lower axial resolutions in the single-digit nanometer range can be achieved by using steeper angles of incidence. This was already demonstrated for a highly reflective periodic sample using an incoherent laser-plasma source, achieving an axial resolution of <5 nm³⁹.

Overall, our results represent an important first step towards exploiting the potential of water window harmonics for non-destructive imaging. Soft X-ray coherence tomography (SXCT) offers a valuable approach for studying materials whose absorption is too strong in the extreme ultraviolet (EUV) range. Simultaneously, it provides strong elemental contrast, even for low-Z materials, a common challenge encountered in conventional TEM methodologies. In the EUV range, XCT has already been applied to material identification as well as the reconstruction of roughness and layer thicknesses well below

the resolution limit³¹. This approach can be extended into the SXR range, enabling further advancements. Cross-sectional imaging with HHG radiation will also facilitate the study of dynamic effects in buried layers with high spatial and femto- or even attosecond temporal resolution²⁸. To achieve higher lateral resolution, the spot size could be reduced to sub-micrometer levels using more sophisticated demagnifying optics. Additionally, ongoing advancements in ptychographic algorithms aim to leverage broad spectra more effectively⁴⁰. Together with the development of even more powerful HHG sources, these innovations pave the way for future applications in the water window.

Materials and methods

Experimental setup

The soft X-ray spectra were acquired using a combined $\theta - 2\theta$ reflectometry and spectroscopy setup, enabling transmission and reflection geometries for θ angles of $45^\circ - 90^\circ$. The soft X-rays were provided by a laboratory light source based on high-harmonic generation, operated with the noble gas helium (≈ 2.2 bar gas pressure). The HHG process was driven by $2.1 \mu\text{m}$, 27 fs (FWHM) infrared pulses generated via optical parametric chirped-pulse amplification (OPCPA). The OPCPA system features a monolithic concept, deriving the seed and pump pulses for the OPA stages from the same 500 W thin-disk pump laser (TRUMPF Scientific Lasers Dira 500-10), using a $2.1 \mu\text{m}$ front-end (Fastlite) for signal generation^{25,26}. The system delivers pulses with 10 kHz repetition rate at an average power of 28 W, which are focused into a helium gas cell to generate p-polarized ≤ 27 fs soft X-ray pulses covering a continuous spectrum from 200 to 600 eV. The resulting photon flux is $\approx 5 \cdot 10^5 \text{ ph/eV/s}$ @ O K-edge, $\approx 10^6 \text{ ph/eV/s}$ @ Ti L-edge and $\approx 6 \cdot 10^6 \text{ ph/eV/s}$ @ C

K-edge, determined using a grating- and CCD-based spectrometer with absolute sensitivity calibration by the German metrology institute (PTB). The broadband pulses are focused onto the sample upon reflection by a toroidal mirror, leading to a footprint of the focal spot of $150 \times 300 \mu\text{m}^2$ (FWHM) for an angle of 72° to the surface normal. After reflection by the sample, the spectrum is dispersed by a reflection variable line spacing (VLS) grating (Hitachi 001-0450, 2400 l/mm central line density) and recorded on a CCD camera (Greateyes GE 2048 512 BI).

Data analysis

A reference spectrum was recorded prior to the linescan by moving the sample out of the beam path and aligning the spectrometer to the transmitted radiation. Calibration was done by fitting the grating equation to the carbon, nitrogen and oxygen edges visible in the spectra. We then applied offset correction, interpolation into the photon energy domain, and denoising to the recorded spectra, as explained below. The impact of these processing steps on the reflectivity and sample autocorrelation is shown in Fig. 4.

The low reflectivity and incoherently scattered radiation from the inhomogeneous sample cause a significant offset in the measured reflectivity. In the sample autocorrelation this corresponds to an increased signal at zero depth. The phase retrieval relies on the correct correlation between the different features in the sample's autocorrelation. Therefore, an offset in the sample reflectivity prevents convergence of the phase retrieval. The effects of the offset correction on the sample reflectivity and autocorrelation are shown in Fig. 4a, b. In this work, we assume a constant offset on the camera, i.e. in wavelength. We find that applying an offset subtraction of 0.27 Cts/s

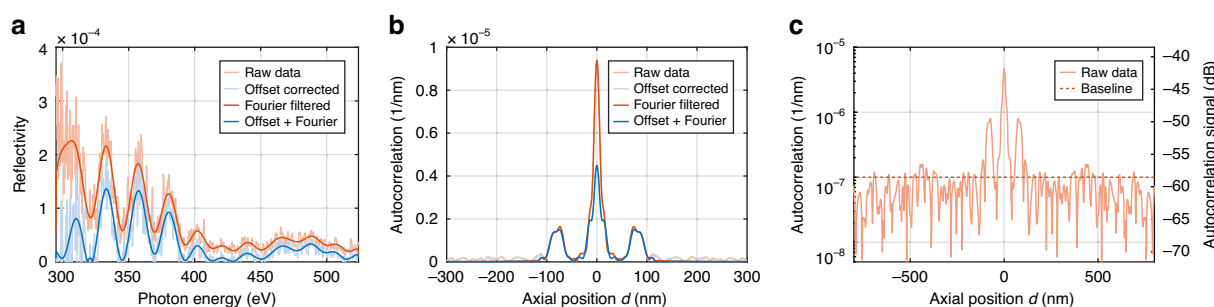


Fig. 4 Denoising and offset correction of measured reflectivity data for reconstruction and sensitivity analysis. **a** The reflectivity of the sample at scan position 3 ($x = 1.2$ mm) is calculated by dividing the reflected spectrum of the sample by the illumination spectrum. The raw reflectivity gained this way is shown in light orange. To denoise the data and eliminate high frequency modulations, a Fourier filter is applied, i.e. all values above or below ± 120 nm in the spatial domain are set to zero (orange curve). Additionally, a background correction is applied, by subtracting a constant offset in the wavelength domain (light blue). For SXCT reconstruction both filters are combined (blue). **b** Autocorrelation of the sample structure prior to phase reconstruction. The offset correction reduces the signal at zero depth in the autocorrelation to ensure convergence of the phase retrieval algorithm. **c** Same autocorrelation signal of the unfiltered spectrum as in **(b)** but on a logarithmic scale and dB-scale. 0 dB corresponds to a mirror with reflectivity $R=1$. The dB-scale directly indicates the absolute reflectivity by peak height

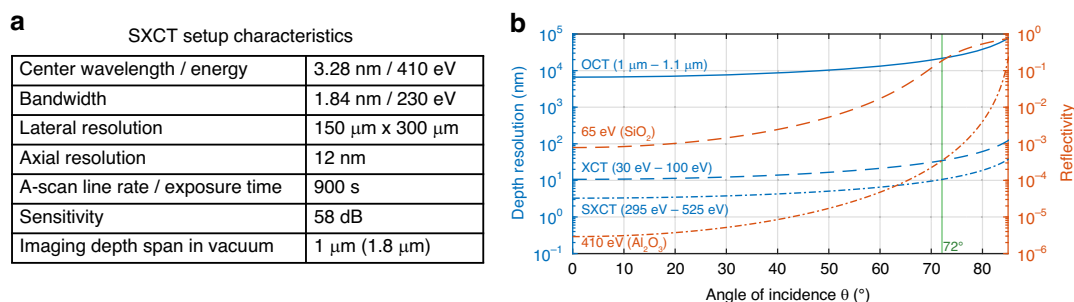


Fig. 5 Setup characteristics and resolution/reflectivity trade off diagram. **a** The characteristics of the SXCT setup are summarized in a comprehensive table. Due to the nonlinear relationship between wavelength and photon energy, the center wavelength does not correspond to the center energy—only the spectral boundaries do. The lateral resolution is defined by the focal spot size. The axial resolution was determined using a Gaussian fit to the reconstructed depth structure. The sensitivity was determined on basis of Fig. 4c. The imaging depth span is defined by the spectrometer resolution, which was estimated from the illumination spectrum or can be calculated based on the pixelation at the highest photon energy used (in brackets). **b** The diagram illustrates the trade-off between axial resolution (blue) and reflectivity (orange) as a function of the angle of incidence θ . The theoretical resolution was calculated assuming a rectangular input spectrum. Typical commercial OCT systems achieve axial resolutions of a few micrometers at normal incidence. XCT, the EUV predecessor of SXCT, typically employs a spectral bandwidth of 70 eV, theoretically enabling resolutions of approximately 10 nm at normal incidence. In practice, XCT is often operated at an incidence angle of 15°, which only slightly reduces the resolution. SXCT, in contrast, uses a broader bandwidth of 230 eV, theoretically allowing axial resolutions of around 3 nm at normal incidence. However, due to low reflectivities in this spectral range, a significantly higher angle of incidence of 72° was chosen in our experiment, resulting in a theoretical resolution limit of approximately 10 nm. The reflectivity curves were calculated for representative materials at the central energies of XCT (65 eV, SiO_2) and SXCT (410 eV, Al_2O_3) based on data of Henke et al.³⁶

yields good results for all points of the linescan except for the point directly at the transition between Pt and Al_2O_3 , where a significantly larger offset is observed and a correction by 0.54 Cts/s is needed. The reason for this is the laterally inhomogeneous sample within the focal spot. The reflectivity is averaged over parts with a varying thickness of the Pt layer.

Due to the nonlinear relation between wavelength and photon energy $\lambda \propto 1/E$ the varying energy width of the camera pixels needs to be corrected by dividing by the energy spacing of the grid ΔE . The sample reflectivity is obtained by dividing the reflected spectrum of the sample by the reference spectrum.

Figure 4c shows the autocorrelation of the raw, unfiltered reflectivity measured at $x = 1.2$ mm, plotted on a logarithmic scale. The dB values directly represent reflectivity, with 0 dB corresponding to an ideal mirror ($R = 1$). The sensitivity of the measurement can be estimated by evaluating the noise floor of the signal, which was found to be 58 dB.

The interpolation of the SXCT cross section (Fig. 2b) was based on Gaussian curve fitting. For each lateral position Gaussian curves were fitted to the peaks corresponding to the interface positions. The parameters of the curves (position, width and amplitude) were linearly interpolated between the lateral positions and used to plot the cross-section. For the second scan position (orange, $x = 0.8$ mm) three Gaussians were fitted to describe the broadened peak between $d = -10$ nm and $d = 20$ nm. One Gaussian corresponds to the substrate surface at $d = 0$ nm, while the other two are used to describe the

varying thickness of the Pt layer. The mean value of these two positions is considered as the average position of the Pt/ Al_2O_3 interface at $x = 0.8$ mm.

Characteristic properties of the SXCT setup

The most important parameters of the presented experimental implementation of water window SXCT with high harmonics are summarized in Fig. 5a.

The specified central energy (410 eV) and wavelength (3.28 nm) do not correspond exactly due to their non-linear relationship, but both lie in the center of the specified bandwidths (1.84 nm and 230 eV, respectively). The lateral resolution of $150 \times 300 \mu\text{m}^2$ is defined by the focal spot size, whereas the experimentally achieved axial resolution of 12 nm was determined using a Gaussian fit to the reconstructed depth structure of scan position 3. Using steeper angles of incidence an axial resolution of down to \approx nm is achievable³⁹. The lateral resolution can be improved to a few hundred nanometers using more sophisticated demagnifying optics, as demonstrated with a HHG source⁴¹, and even down to 20 nm at a synchrotron light source⁴².

The A-scan line rate, or rather the exposure time for each position, was 900 s. However, this time is not inherent to the system or the method, but was necessitated by the comparatively low sample reflectivity and limited flux. Smoother samples or even flatter angles can reduce the exposure time, as can future HHG sources with even higher flux.

The sensitivity is drawn from the noise levels in Fig. 4c). Shot noise and scattered light from the grating are the most prominent noise sources and limit the achieved

sensitivity to 58 dB compared to a mirror with a reflectivity of $R=1$. However, this could be improved by better gratings and higher photon flux.

The imaging depth span in vacuum describes the maximum depth at which a structure can still be imaged by the spectrometer. This limitation arises because deeper layers induce higher-frequency modulations in the measured reflectivity spectrum. Consequently, the spectrometer resolution imposes a limit on the maximum detectable modulation frequency—and therefore on the maximum accessible depth. In our case, the detector pixelation leads to an energy discretization of 0.23 eV at 295 eV and 0.56 eV at 525 eV. At an incidence angle of 72° , this corresponds to maximum detectable depths of 4.3 μm and 1.8 μm , respectively. In practice, however, the resolution is further limited by the finite source/focus size and grating aberrations. Based on the absorption edges in the illumination spectrum (see Fig. 1b), we estimate the effective resolution to be approximately 2 eV, corresponding to a practical depth limit of around 1 μm . If needed, the spectral resolution—and thus the imaging depth—could be improved relatively easily by employing a grating with higher dispersion.

It should be noted that the specifications provided in Fig. 5a) refer to the current state of a first proof-of-concept experiment and do not reflect the full potential or any fundamental limit of the method. With further development, significant improvements in performance can be expected as described.

Resolution-reflectivity trade-off

Due to the unexpectedly low reflectivity of the sample, we chose a shallow incidence angle of 72° , accepting a reduction in depth resolution as a trade-off. This relationship is illustrated in detail in Fig. 5b, which shows the maximum theoretical resolution for a rectangular input spectrum of defined bandwidth, without applying additional filter functions.

In general, higher depth resolution in coherence tomography is achieved with broader spectral bandwidths. For instance, commercial OCT systems operating with a bandwidth of 0.11 eV (corresponding to 1 μm to 1.1 μm) typically reach axial resolutions of a few micrometers at normal incidence. In contrast, XCT—the EUV predecessor of SXCT—operates with a bandwidth of 70 eV (30–100 eV), enabling resolutions down to 10 nm. With the spectral range used in this work (295–525 eV), SXCT can in principle achieve axial resolutions of down to 3 nm. Due to projection effects, this resolution decreases with increasing angle θ , dropping by approximately one order of magnitude at extremely shallow angles beyond 80° .

The reflectivity as a function of incidence angle was calculated based on data from Henke et al.³⁶ for representative photon energies and materials—65 eV for SiO_2

(XCT) and 410 eV for Al_2O_3 (SXCT)—assuming perfectly smooth surfaces. At 410 eV, the reflectivity at normal incidence is as low as $2 \cdot 10^{-6}$, but increases to nearly total reflection at grazing incidence. While lower reflectivity can be partly compensated by longer exposure times, the loss in axial resolution at shallow angles is irreversible. Therefore, optimizing this trade-off is essential when conducting an SXCT experiment.

Electron microscopy

Cross sections were prepared using focused ion beam (FIB) milling in an FEI Helios Nanolab 600i dual-beam scanning electron microscope. The sample surface was protected by deposition of protective Au and Pt layers prior to FIB preparation. Cross sections were milled using an ion beam operating at 30 kV and 2.5 nA. SEM images were acquired using a secondary electron detector.

Cross section lamellae for transmission electron microscopy (TEM) were prepared using FIB and transferred to a Cu grid before applying the final thinning. Ion beam acceleration voltage and beam current were reduced down to 5 kV and 15 pA using stage tilts of 50.5° to 53.5° . TEM bright-field imaging was performed using a JEOL NEOARM 200 F instrument.

Sample preparation

The platinum (Pt) and aluminium oxide (Al_2O_3) layers were deposited on a $10 \times 10 \text{ mm}^2$ and 1 mm thick ZnO substrate. The Pt coating was deposited using a sputter coater with Ar as the sputtering gas. The base pressure was $6 \cdot 10^{-2} \text{ mbar}$ and the Ar pressure was $2 \cdot 10^{-1} \text{ mbar}$. A rate of approximately 0.14 nm/s, a voltage of 1.3 kV and a current of 14 mA were used.

The deposition of aluminium oxide (Al_2O_3) has been performed using the atomic layer deposition (ALD) at a temperature of 225°C with 500 cycles. Each cycle took 70 ms. Trimethylaluminium (TMA) was the precursor for the vapor phase deposition.

To create two halves with different layer stacks on the substrate, a mask was used that was removed according to the coating sequence.

Acknowledgements

Thanks to Annett Gawlik and Uwe Brueckner from Leibniz IPHT for the deposition of Pt and Al_2O_3 . Funding by ERDF in the project NanoMovie to develop and set up the HHG source at the Max Born Institute is gratefully acknowledged by S.E. This work was supported by the German Research Foundation (Project ID: 465215929 and 38125468); European Social Fund (ESF) with Thüringer Aufbaubank (2023FGR0053, 2018FGR008, 2015FGR0094), and Bundesministerium für Bildung und Forschung (VIP "X-Coherent").

Author details

¹Institute of Optics and Quantum Electronics, Friedrich Schiller University Jena, Jena, Germany. ²Helmholtz Institute Jena, GSI Helmholtzzentrum für Schwerionenforschung, Jena, Germany. ³Max-Born-Institut für Nichtlineare Optik und Kurzzeitspektroskopie, Berlin, Germany. ⁴Indigo Optical Systems GmbH, Jena, Germany. ⁵Leibniz Institute of Photonic Technology (Leibniz-IPHT), Jena, Germany. ⁶Otto Schott Institute of Materials Research Friedrich

Schiller University Jena, Jena, Germany. ⁷Institute of Materials Science and Engineering, Chemnitz University of Technology, Chemnitz, Germany. ⁸Institute of Applied Physics, Friedrich Schiller University Jena, Jena, Germany. ⁹Institute for Optics and Atomic Physics, Technische Universität Berlin, Berlin, Germany. ¹⁰Laserinstitut Hochschule Mittweida, University of Applied Science Mittweida, Mittweida, Germany

Author contributions

J.R., F.W., S.F., and G.G.P. conceived the experiment. T.S., M.H., M.S., and S.E. conceived the laser system and HHG source and set up the experiment. J.R., F.W., S.K., J.S., T.S., and M.H. conducted the experiment. F.W. and J.R. analysed the data with supervision from S.F. and G.G.P. The authors F.W., S.F., J.J.A., M.W., and J.R. developed the methodology. G.S., J.P., and U.H. prepared the sample. K.F., J.A., and S.L. performed the FIB milling and electron microscopy measurements. The manuscript was written by J.R., F.W., and S.F. All authors provided critical feedback on the research and the paper.

Funding

Open Access funding enabled and organized by Projekt DEAL.

Data availability

The raw spectra used in this experiment are available via figshare (<https://figshare.com/s/65e19afadb712934d49a>) or via reasonable requests from the authors.

Conflict of interest

The authors declare no competing interests.

Received: 7 March 2025 Revised: 9 September 2025 Accepted: 16

September 2025

Published online: 22 January 2026

References

- Ferray, M. et al. Multiple-harmonic conversion of 1064 nm radiation in rare gases. *Journal of Physics B: Atomic, J. Phys. B Atom. Mol. Opt. Phys.* **21**, L31–L35 (1988).
- Popmintchev, T. et al. Bright coherent ultrahigh harmonics in the keV X-ray regime from mid-infrared femtosecond lasers. *Science* **336**, 1287–1291 (2012).
- Klas, R. et al. Ultra-short-pulse high-average-power megahertz-repetition-rate coherent extreme-ultraviolet light source. *PhotonIX* **2**, 4 (2021).
- Thibault, P. et al. High-resolution scanning X-ray diffraction microscopy. *Science* **321**, 379–382 (2008).
- Loetgering, L., Witte, S. & Rothhardt, J. Advances in laboratory-scale ptychography using high harmonic sources [Invited]. *Opt. Express* **30**, 4133–4164 (2022).
- Eschen, W. et al. Material-specific high-resolution table-top extreme ultraviolet microscopy. *Light Sci. Appl.* **11**, 117 (2022).
- Gardner, D. F. et al. Subwavelength coherent imaging of periodic samples using a 13.5 nm tabletop high-harmonic light source. *Nat. Photonics* **11**, 259–263 (2017).
- Eschen, W. et al. Coherent nanoscale imaging and chemical mapping with compact extreme ultraviolet and soft x-ray sources: review and perspective. *APL Photonics* **10**, 050901 (2025).
- Tanksalvala, M. et al. Nondestructive, high-resolution, chemically specific 3D nanostructure characterization using phase-sensitive EUV imaging reflectometry. *Sci. Adv.* **7**, eabd9667 (2021).
- Porter, C. et al. Soft x-ray: novel metrology for 3D profilometry and device pitch overlay. Proceedings of SPIE 12496, Metrology, Inspection, and Process Control XXXVII. 1249611 (San Jose, California, USA: SPIE, 2023).
- Zürch, M. et al. Cancer cell classification with coherent diffraction imaging using an extreme ultraviolet radiation source. *J. Med. Imaging* **1**, 031008 (2014).
- Baksh, P. D. et al. Quantitative and correlative extreme ultraviolet coherent imaging of mouse hippocampal neurons at high resolution. *Sci. Adv.* **6**, eaaz3025 (2020).
- Liu, C. et al. Visualizing the ultra-structure of microorganisms using table-top extreme ultraviolet imaging. *PhotonIX* **4**, 6 (2023).
- Fuchs, S. et al. Nanometer resolution optical coherence tomography using broad bandwidth XUV and soft X-ray radiation. *Sci. Rep.* **6**, 20658 (2016).
- Fuchs, S. et al. Optical coherence tomography with nanoscale axial resolution using a laser-driven high-harmonic source. *Optica* **4**, 903–906 (2017).
- Shanblatt, E. R. et al. Quantitative chemically specific coherent diffractive imaging of reactions at buried interfaces with few nanometer precision. *Nano Lett.* **16**, 5444–5450 (2016).
- Shapiro, D. A. et al. An ultrahigh-resolution soft X-ray microscope for quantitative analysis of chemically heterogeneous nanomaterials. *Sci. Adv.* **6**, eabc4904 (2020).
- Schneider, G. Cryo X-ray microscopy with high spatial resolution in amplitude and phase contrast. *Ultramicroscopy* **75**, 85–104 (1998).
- Coale, T. H. et al. Nitrogen-fixing organelle in a marine alga. *Science* **384**, 217–222 (2024).
- Reinhard, J. et al. Laboratory-based correlative soft X-ray and fluorescence microscopy in an integrated setup. *Microsc. Microanal.* **29**, 2014–2025 (2023).
- Tate, J. et al. Scaling of wave-packet dynamics in an intense midinfrared field. *Phys. Rev. Lett.* **98**, 013901 (2007).
- Pertot, Y. et al. Time-resolved x-ray absorption spectroscopy with a water window high-harmonic source. *Science* **355**, 264–267 (2017).
- Attar, A. R. et al. Femtosecond x-ray spectroscopy of an electrocyclic ring-opening reaction. *Science* **356**, 54–59 (2017).
- Sidiropoulos, T. P. H. et al. Probing the energy conversion pathways between light, carriers, and lattice in real time with attosecond core-level spectroscopy. *Phys. Rev. X* **11**, 041060 (2021).
- Feng, T. L. et al. 27 w 2.1 μm OPCPA system for coherent soft X-ray generation operating at 10 kHz. *Opt. Express* **28**, 8724–8733 (2020).
- van Mörbek-Bock, M. et al. High average power OPCPA MIR-systems for coherent soft X-ray generation accessing absorption edges of metals. Proceedings of SPIE **11777**, High Power Lasers and Applications, 117770 C (SPIE, 2021).
- Hennecke, M. et al. Ultrafast element- and depth-resolved magnetization dynamics probed by transverse magneto-optical Kerr effect spectroscopy in the soft x-ray range. *Phys. Rev. Res.* **4**, L022062 (2022).
- Jarecki, J. et al. Ultrafast energy-dispersive soft-x-ray diffraction in the water window with a laser-driven source. *Struct. Dyn.* **11**, 054303 (2024).
- Huang, D. et al. Optical coherence tomography. *Science* **254**, 1178–1181 (1991).
- Leitgeb, R. A. et al. Ultrahigh resolution Fourier domain optical coherence tomography. *Opt. Express* **12**, 2156–2165 (2004).
- Wiesner, F. et al. Material-specific imaging of nanolayers using extreme ultraviolet coherence tomography. *Optica* **8**, 230–238 (2021).
- Wiesner, F. et al. Optical coherence tomography of van der Waals heterostructures using extreme ultraviolet light. *Adv. Mater. Interfaces* **12**, 2400534 (2025).
- Abel, J. J. et al. Non-destructive depth reconstruction of Al-Al₂Cu layer structure with nanometer resolution using extreme ultraviolet coherence tomography. *Mater. Charact.* **211**, 113894 (2024).
- Nathanael, J. et al. Laboratory setup for extreme ultraviolet coherence tomography driven by a high-harmonic source. *Rev. Sci. Instrum.* **90**, 113702 (2019).
- Vakhtin, A. B. et al. Common-path interferometer for frequency-domain optical coherence tomography. *Appl. Opt.* **42**, 6953–6958 (2003).
- Henke, B. L., Gullikson, E. M. & Davis, J. C. X-ray interactions: photoabsorption, scattering, transmission, and reflection at $E = 50\text{--}30,000$ eV, $Z = 1\text{--}92$. *Data Nucl. Data Tables* **54**, 181–342 (1993).
- Thornton, J. A. High rate thick film growth. *Annu. Rev. Mater. Sci.* **7**, 239–260 (1977).
- Volmer, M. & Weber, A. Keimbildung in übersättigten Gebilden. *Z. für Physikalische Chem.* **119U**, 277–301 (1926).
- Wachulak, P., Bartnik, A. & Fiedorowicz, H. Optical coherence tomography (OCT) with 2 nm axial resolution using a compact laser plasma soft X-ray source. *Sci. Rep.* **8**, 8494 (2018).
- Shearer, B. et al. Robust broadband ptychography algorithms for high-harmonic soft X-ray supercontinua. *Opt. Express* **33**, 717–735 (2025).
- Motoyama, H. et al. Broadband Nano-focusing of high-order harmonics in soft X-ray region with ellipsoidal mirror. *Appl. Phys. Lett.* **114**, 241102 (2019).
- Shimamura, T. et al. Ultracompact mirror device for forming 20-nm achromatic soft-X-ray focus toward multimodal and multicolor nanoanalyses. *Nat. Commun.* **15**, 665 (2024).